



KYERITOS

All ingredients in italics are Organic and / or Local

BREAKFAST

NORI N LOX 12 - *Green Eggs*, Smoked Salmon, *Dill, Arugula, Tomato, Scallion Aioli, White Rice / Quinoa Blend*, Wrapped in Nori

BREAKFAST TACO 9 - *Green Eggs, Pinto Beans, Pico de Gallo, Vegan Chipotle Cream, Brown Rice Blend*, Wrapped in Nori

BREAKFAST PESTO 10 - *Green Eggs, DeBecca Farm's Uncured Bacon, Arugula, Tomato, Super Seed Pesto, Brown Rice Blend*, Wrapped in Nori

Green Eggs = Free Range Eggs blended with Spinach

VEGAN

BEAN TACO 9 - *Pinto Beans, Pico de Gallo, Corn Jicama & Cilantro Mix, Vegan Chipotle Cream, Blue Corn Tortilla Chips, Brown Rice Blend*, Wrapped in *Collard Green*

Add Chicken, Salmon, or Burger 4

NAHM JIM 10 - *Six Vegetable Mix, Fresh Herbs, Thai-inspired Sauce, Hemp Seeds, Macadamia Nuts, Sliced Almonds, Red / Black / White Rice Blend*, Wrapped in Nori

Add Chicken, Salmon, or BBQ Pork 4

AVOMACRO 12 - *Avocado, Macro Pressed Vegetables, Wasabi Dressing, Sliced Almonds, Hemp Seeds, Black Sesame Seeds, Brown Rice Blend*, Wrapped in Nori

TEMPEH BULGOGI 12 - *Marinated Non GMO Flax Tempeh, Six Vegetable Mix, Fresh Herbs, King's Kim Chi, House Made Gochujang Sauce, White Rice / Quinoa Blend*, Wrapped in *Romaine*

TOFU PESTO 11 - *Non GMO Marinated Tofu, Arugula, Tomato, Super Seed Pesto, Brown Rice Blend*, Wrapped in *Romaine*

ASIAN INSPIRED

THE MACRO 14 - Seared Wild Salmon, *Macro Pressed Vegetables, Wasabi Dressing, Black Sesame Seeds, Brown Rice Blend*, Wrapped in Nori

SWEET CHICKEN 11 - *Den Miso Glazed Mary's Free Range Organic Chicken, Broccoli & Goji Berry Mix, White Rice / Quinoa Blend*, Wrapped in Nori

CHICKEN CURRY 12 - *Mary's Free Range Organic Chicken with Carrots, Celery, Onion, Cauliflower, Ghee, Coconut Oil, Fish Sauce, Curry Powder; Spinach; Red / Black / White Rice Blend*; Wrapped in Nori
CONTAINS DAIRY (GHEE)

BULGOGI 14 - *Thinly Sliced Marinated Grass Fed Beef, Six Vegetable Mix, Fresh Herbs, King's Kim Chi, House Made Gochujang Sauce, White Rice / Quinoa Blend*, Wrapped in *Romaine*

CLASSIC

NORI BURGER 12 - *Grass Fed Beef mixed with Chard, Lettuce, Tomato, Onion, Pickles, Ketchup, Mustard, Nutritional Yeast, Brown Rice Blend*, Wrapped in Nori

BBQ PORK 13 - *Slow Roasted Compart Farm's Duroc Pork, Poppy Seed Fennel and Cabbage Slaw, BBQ Sauce, White Rice / Quinoa Blend*, Wrapped in *Collard Green*

DELI TURKEY 12 - *Free Range Diestel Turkey, Sprouts, Snap Peas, Goji Aioli, Sunflower Seeds, Brown Rice Blend*, Wrapped in *Romaine*

CHICKEN BACON PESTO 12 - *Mary's Free Range Organic Chicken, DeBecca Farm's Uncured Bacon, Arugula, Tomato, Super Seed Pesto, Brown Rice Blend*, Wrapped in *Romaine*

ALL KYERITOS ARE AVAILABLE IN A BOWL

ADD AVOCADO - 2

ADD FRIED EGG (Bowl Only) - 2

PALEO STYLE (No Rice, Roasted Cauliflower Almond Meal Mash) - 1.5

WE ARE A WHEAT FREE KITCHEN

IF YOU HAVE CELIAC, PLEASE ASK AS SOME INGREDIENTS MAY BE PRODUCED IN FACILITIES THAT PROCESS WHEAT



EVERYTHING ELSE

SALADS AND SOUPS

SWEET KALE 5 - 3 Types of Kale, Almonds, Goji Berries, Currants, Maple Dijon Vinaigrette
WITH OR WITHOUT PECORINO CHEESE
Available by the pound - \$15 / lb

ASIAN SALAD 5 - Romaine, Snap Peas, Cilantro, Carrots, Roasted Peanuts, Asian Dressing
With Chicken - 10

MISO SOUP 4 - Kombu Bonito Stock, Non GMO Mellow White Miso, Swiss Chard, Chinese Yam, Non GMO Silken Tofu

BROTHER CHICKEN BONE BROTH 8

TREATS

VEGAN BLACK BEAN BROWNIE 3.5 - Black Beans, Cocoa Powder, Maca, Sorghum Flour, Baking Soda, Sea Salt, Fresh Ground Flax Seeds, Brown Sugar, Sucanat, Vanilla, Coconut Oil, Maple Syrup, Fair Trade Chocolate Chips

CHOCOLATE CHIP COOKIE 3.5 - Spinach, Free Range Eggs, Sorghum Flour, Rice Flour, Baking Powder, Guar Gum, Sea Salt, Fresh Ground Flax Seeds, Brown Sugar, Sucanat, Vanilla, Coconut Oil, Ghee, Fair Trade Chocolate Chips
CONTAINS DAIRY (GHEE) & EGGS

KABOCHA PIE 3.5 - Steamed Kabocha Squash, Yam, Free Range Eggs, Coconut Milk, Gluten Free Flour, Corn Starch, Baking Powder, Sea Salt, Sucanat, Molasses, Vanilla, Ground Cinnamon, Ground Nutmeg, Ground Clove, Ground Ginger CONTAINS EGGS

KID'S CHOICE (ADULTS WELCOME)

KID'S SIZE KYERITO 7 - Choice of: Bean Taco | Sweet Chicken | Burger | Deli Turkey | Bacon & Egg

MAKE IT A YUMMY MEAL 11 - Choice of Kid KyeRito with Carrots, Juice or Water, and a Treat

HOUSE MADE BEVERAGES

AYURVEDIC ONE A DAY 6 - Blanched Kale, Collard, Chard, Spinach, Asparagus, Zucchini, Cilantro, Italian Parsley; Soaked Cashew; Coconut Oil; Sea Salt, blended together and served WARM - No Substitutions
Adapted from Vaidya Mishra's Green Protein

FRUITY BOBA 8 - Boba with your choice of Strawberry, Mango, or Pineapple blended with Coconut Milk, Raw Coconut Water, 2 Medjool Dates, Vanilla

TONIFICATION HERBAL WATER 4 - An herbal tea made from Jujube, Longan, Goji Berry, Licorice Root, American Ginseng

BOBA COCONUT MILK TEA 4 - Coconut Milk Creamer, Black Tea, Maple Syrup, Boba

ORGANIC ICED TEA 3 - Black Ceylon, Lime Mint Green, Citrus White, or Blueberry Tisane

ERVA COLD BREW YERBE MATE 4 - Hibiscus Lemon

ORGANIC HOT TEAS 3 - Assorted Flavors

Kye's Caters!

KYERITO TRAYS

Small Tray (15 PC)	\$110
Medium Tray (21 PC)	\$150
Large Tray (30 PC)	\$210

Paleo Style Available for an Additional Charge

SIGNATURE SALADS

REGULAR BOWL (serves 9-15)	
Asian Salad	\$40
Sweet Kale or Asian Chicken	\$60
LARGE BOWL (serves 18-24)	
Asian Salad	\$75
Sweet Kale or Asian Chicken	\$110

TREAT TRAYS

Small Tray (12 PC)	\$40
Large Tray (18 PC)	\$60

LUNCH BOXES

Includes choice of catering size KyeRito, Side Salad or Chips, and a mini Treat Priced at \$13 per box, minimum of 21 per order

Inquire about catering
or email catering@kyesmontana.com