



KYERITOS

BREAKFAST - (Wrapped In Nori)

NORI N LOX - 12 *Green Eggs, Smoked Wild Salmon, Scallion Aioli, Dill, Arugula, Tomato, White Rice / Quinoa Blend*

BREAKFAST TACO - 9 *Green Eggs, Pinto Beans, Pico de Gallo, Cilantro, Vegan Chipotle Cream, Brown Rice*

AVO N FUZZ - 9 *Green Eggs, Avocado, Soy or Salmon Fuzz, White Rice / Quinoa Blend - CONTAINS WHEAT (SOY SAUCE)*

BACON PESTO - 10 *Green Eggs, Niman Ranch Bacon, Arugula, Tomato, Super Seed Pesto, Brown Rice*

CLASSIC COMFORT

BEAN "TACO" - 9 *Pinto Beans, Pico de Gallo, Vegan Chipotle Cream, Corn, Jicama, Cilantro, Corn Tortilla Chips, Brown Rice, Wrapped in Collard Green*
Raw Sub: Cashew "Beans", No Rice, No Cream, No Chips

THE NORI BURGER - 12 *Grass Fed Beef mixed with Chard, Nutritional Yeast, Ketchup, Mustard, Lettuce, Tomato, Onion, Pickles, Brown Rice, Wrapped in Nori*

BBQ PORK- 14 *Slow Roasted Pork Shoulder, BBQ Sauce, Poppy Seed Fennel and Cabbage Slaw, White Rice / Quinoa Blend, Wrapped in Collard Green*

ASIAN INSPIRED (Wrapped in Nori)

NAHM JIM- 10 *Seven Different Veggies, Herbs, Lotus Root, Woodear, Thai-inspired Fish Sauce, Hemp Seeds, Macadamia Nuts, Sliced Almonds, Red / Black / White Rice Blend - Vegan Sub: Vegan Nahm Jim Sauce*

THE MACRO - 14 *Seared Wild Salmon, Wasabi Dressing, Macro Pressed Vegetables, Lotus Root, Woodear, Black Sesame Seeds, Brown Rice*

SWEET CHICKEN - 11 *Den Miso Glazed Mary's Free Range Organic Chicken, Broccoli, Goji Berries, White Rice / Quinoa Blend*

5 SPICE PEANUT - 9 *Slow Cooked Five Spiced Peanuts, Broccoli, Goji Berries, Cilantro, Red / Black / White Rice Blend*

CHICKEN CURRY - 12 *Mary's Free Range Organic Chicken, Carrots, Celery, Onion, Cauliflower, Ghee, Coconut Oil, Fish Sauce, Curry Powder, Spinach, Red / Black / White Rice Blend - CONTAINS DAIRY (GHEE)*

DELI STYLE (Wrapped in Romaine)

DELI TURKEY- 12 *All Natural Free Range Diestel Turkey, Goji Aioli, Sugar Snap Peas, Sunflower Seeds, Sprouts, Brown Rice*

REUBEN - 12 *Niman Ranch Pastrami, Reuben Sauce, Mrs. Klein's Sauerkraut, Ground Caraway Seeds, Nutritional Yeast, Brown Rice*
Vegan Sub: Grilled *Portobello* and Vegan Sauce

CHICKEN BACON PESTO - 12 *Mary's Free Range Organic Chicken, Niman Ranch Bacon, Arugula, Tomato, Super Seed Pesto, Brown Rice*

KIDS CHOICE

KID'S SIZE KYERITO - 6.5 Choice of: Sweet Chicken | The Nori Burger | Deli Turkey | Bean Taco

MAKE IT A YUMMY MEAL - 9.5 Choice of Kid KyeRito with Carrots, Choice of Juice or Water, and Dessert Item

SALADS

SWEET KALE - 7 *3 Types of Kale, Pecorino Cheese, Almonds, Goji Berries, Currants, Maple Dijon Vinaigrette - CONTAINS DAIRY* Vegan option available without cheese

BROCCOLI STALK - 7 *Shaved Broccoli Stalks, Goji Berries, Niman Ranch Bacon, Almonds, Red Onion, Carrots, Creamy Vinaigrette*

ASIAN CHICKEN - 10 *Mary's Free Range Organic Chicken, Romaine, Snap Peas, Scallions, Cilantro, Carrots, Roasted Peanuts, Oranges, Asian Dressing*

SHAKES

FRESH MINT - 8 *Coconut Milk, Mint, Spinach, Coconut Milk Ice Cream, Chinese Yam, Raw Agave*

CHOCOLATE - 8 *Coconut Milk, Cashews, Spinach, Cocoa Powder, Chinese Yam, Raw Agave, Coconut Milk Ice Cream*

CARAMELIZED BANANA - 9 *Banana, Coconut Oil, Sucanat, Coconut Milk, Coconut Milk Ice Cream, Maca, Chinese Yam, Sea Salt*

SMOOTHIES

BREAKFAST - 8 *Kale, Spinach, Strawberry, Banana, 7 Seed & Nut Butter, Sun Warrior Raw Vegan Protein Powder, Coconut Milk Yogurt, Flax Milk*

VERY BERRY - 8 *Raspberry, Strawberry, Blackberry, Spinach, Chinese Yam, Lotus Seeds, Goji Berries, Amla Berry, Apple Juice*

ENERGIZER- 8 *Cacao Nibs, Raw Coconut Water, Coconut Oil, Banana, Cashew, Sea Salt, Medjool Date*

HERBAL, TEAS, COFFEE

AYURVEDIC ONE A DAY - 6 *Blanched Kale, Collard, Chard, Spinach, Asparagus, Zucchini, Cilantro, Italian Parsley; Soaked Cashew; Coconut Oil; Sea Salt, all blended together and served warm*

TONIFICATION HERBAL WATER (12oz) - 4 *Jujube, Longan, Goji Berry, Licorice Root, American Ginseng*

HOUSE ORGANIC ICED TEA (16oz) - 3 *Black Ceylon or Lime Mint Green Tea from The Steeping Room*

ORGANIC HOT TEAS (12oz) - 3 *Assorted Black, Green, and Herbal Teas from The Steeping Room, Organic India, and Mighty Leaf*

HOUSE ORGANIC COLD BREW (12oz) - 3.5

ADD HOUSE CREAMER - 4 *Grade B Maple Syrup, Cinnamon, Cardamom, Coconut Milk Creamer*

TREATS (Gluten Free)

VEGAN BLACK BEAN BROWNIE - 3.5 *Black Beans, Cocoa, Maca, Sorghum Flour, FreshGround Flax Seeds, Sucanat, Grade B Maple Syrup, and Fair Trade Chocolate Chips*

CHOCOLATE CHIP COOKIES - 3.5 *Sorghum Flour, Rice Flour, Fresh Ground Flax Seeds, Brown Sugar, Sucanat, Coconut Oil, Ghee, Eggs, Spinach, Fair Trade Chocolate Chips - CONTAINS DAIRY (GHEE) & EGGS*

Add Ons - Avocado 2 | Extra Protein 3

Make it Paleo - No Rice, Add Avo, Extra Veggies 3

We Respectfully Decline Substitutions - Ingredients May Be Removed

Vegan, Vegetarian & Raw Options Available Upon Request

All menu items are gluten free and dairy free unless otherwise noted on menu.

In addition to our carefully procured produce, quality meats, Non-GMO tofu and miso, and Koshinkari organic rice,

we offer the very best ingredients that are full of both flavor and nutrition.

**All ingredients in italics are Organic and/or Local*